

June 2025



Hello Summer!

As we welcome the start of summer, I'm filled with excitement for the months ahead and all that they hold for our community. This season is a time of renewal and opportunity, and here at the Department of Senior Affairs, we're embracing it with enthusiasm and forward-thinking as we continue to evolve to meet the growing demand for services.

First, we're kicking off a new campaign for the Department, entitled "Engage", to reflect all of our core initiatives committed to community, wellness, and advocacy for our city's older adults. Through "Engage," we aim to highlight the importance of staying active and involved in every stage of life. You'll start to see this messaging across our centers, programs, and events, and we invite you share this movement with the greater community.

Speaking of events, this month kicks off some new Engage offerings, such as Self-Check Health Days at our centers, providing easy access to tools that will help you Engage with Wellness. Then, on June 11th, we invite you to Engage with Community at the 1-Year Anniversary Celebration of the Santa Barbara Martineztown Multigenerational Center, a milestone we're proud to share with all of our DSA family. And don't miss the Pride Masquerade Ball at Highland Senior Center on June 26th, a day of joy, inclusion, and connection.

Our new fiscal year begins July 1st, and as a department, we are continuing to take a deep-dive on our budget, to continue our essential services and also evolve for the changing and growing constituency we serve. You may notice our efforts to ensure operational consistency across our centers, all in an effort to continue to manage costs, while focused on serving you with dignity and care. I encourage each of you to continue supporting the Department of Senior Affairs, reaching out to your elected officials and raising our collective voice for our older adults! Together, we can keep strengthening the programs and services that matter most.

Finally, thank you to all those who filled out our recent annual survey – we had more than 800 participants provide feedback. The raffle winners from the survey participants attend Highland Senior Center, Manzano Mesa Multigenerational Center, North Domingo Baca Multigenerational Center, and one recipient receives our Home Delivered Meals. With your input and support, you will help us advance our services to meet the needs of the community in the coming year and I am grateful!

Sincerely,
Anna M. Sanchez, Director



Program Hours

Monday-Friday: 8am-5pm
Saturday & Sunday: Closed

Senior Companion Program Staff

Viridiana Rodriguez-Flores,
Program Supervisor
Jenna Stanton, Case Management
Coordinator
Felicia Archuleta, Office Assistant

Contact Information

714 Seventh St SW
Albuquerque, NM, 87102
(505) 764-1007

Special Dates & Announcements

6/12: In-Service Training, Timesheets & Mileage Logs Due

6/13: Extra Opportunity- Father's Day Celebration

6/19: Juneteenth: CLOSED, No Clients

6/26: Timesheets & Mileage Logs Due, Extra Opportunity- Dance w/ Pride



In-service Training



Please join us for an informative **in-service training at Barelas Senior Center.** Ryan Sanders from Daniel's Funeral Home and Cremations will be presenting on the fundamentals of funeral pre-planning. SCP staff will be providing a training on the new electronic timesheets & mileage logs process.

Thursday, June 12th, 2025
Barelas Senior Center
Lead/Coal Room
11:00am-1pm



***Lunch will be provided**



June Word Puzzle



S D E S U N B I N R U B N U S
 U R T I K F A T H E R S D A Y
 M I A S E I R R E B W A R T S
 M B R N G B U J U M P R O P E
 E G B G G S F I R A T H E R S
 R N E O V A C A T I O N A D S
 Y I L O S U N G O O U D S B A
 N M E D U M M U S F S G E Y L
 S M C B Y N O I T A U D A R G
 H U M Y G N I K I B S T R A N
 A H S E I L F E R I F B W M U
 S U N S C R E E N E R R I E S

- Biking
- Fireflies
- Hummingbird
- Sunburn
- Bugs
- Fun
- Jumprope
- Sunglasses
- Celebrate
- Goodbyes
- Strawberries
- Sunscreen
- Father's Day
- Graduation
- Summer
- Vacation

June Birthdays!



LEE 6/14
ESTHER 6/28



June 19th, 2025
SCP Office Closed
NO CLIENTS

Extra Opportunities



DANCE WITH PRIDE

THURSDAY JUNE 26TH
 2:00PM-4:00PM
Highland Senior Center

LIVE MUSIC / PHOTO BOOTH / TABLING
 Celebrate LGBTQ Pride Month-All Are Welcome




BARELAS SENIOR CENTER
FATHER'S DAY CELEBRATION

Come celebrate dads with us! Join us for some yummy treats and great music by guitarist Johnny Chacon.

Barelas Senior Center
 Friday, June 13th
 10 am - 11:15 am

ONE ALBUQUE RIQUE senior center

These are free events! Please notify the SCP office if you will attend the event to receive program benefits.

Surveys



Volunteer and client participant surveys were mailed during the month of May. We ask that you complete your survey and return it to the office. Please assist your client(s) with returning their survey(s). **There were be pre-addressed and stamped envelopes enclosed. Return all surveys no later than June 6, 2025.**

Timesheets & Mileage Logs

Friendly reminder to submit timesheets and mileage logs **before 2:00pm** to get processed in a timely manner.

Thursday June 12, 2025
Thursday, June 26, 2025

It is very important that your timesheet is signed by you and the station supervisor (if applicable).

Second Week	Wednesday						
	Thursday					SEND IN TIMESHEET	
	Friday						

I hereby certify that the above recorded time is true and correct.



Volunteer Signature _____

Station Representative Signature _____

*****PLEASE DO NOT WRITE BELOW THIS LINE*****

SCP Supervisor Signature _____

Comments:

Regular	
Care Companion Program	
Other	
PTO	
Holiday	
TOTAL	

		Home to Client				
		Errands				
		Client to Home				

I hereby certify that the above recorded mileage is true and correct.

Total Mileage _____

Volunteer Signature _____

Date _____

Station Representative Signature _____

Date _____

SCP Supervisor Signature _____ Date _____

Foster Grandparent & Senior Companion Pinning Ceremony 2025



Here's a heartfelt recap of the Foster Grandparent & Senior Companion Pinning Ceremony. Thank you to all of our volunteers for serving and dedicating so many years to our programs! A special thank you to our sponsor, Scan Health Plan New Mexico, for their generous support in making this event possible. A huge shout out to the students of the Gecko Folklorico de East San Jose Elementary School, ABQ ~ A Barbershop Quartet, and the American Legion Post 13 Honor Guard for their wonderful performances and assistance during the event. We hope everyone had a wonderful time celebrating together!



JUNE 2025

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
BBQ Chicken Sandwich 3oz Sweet Potato Mash 4oz Spinach/Onions 4oz Apple Slices 4oz 1% Milk 8oz 	Greek Pasta Salad w/ Diced Ham 4oz Cucumber Salad 4oz Dinner Roll 1ea Margarine 1pc Oranges 4oz 1% Milk 8oz 	Pork Tamale 3oz Red Chili 1oz Spanish Rice 4oz Pinto Beans 4oz Jell-O 4oz 1% Milk 8oz 	Mushroom Swiss Veggie Burger 4oz Diced Potatoes 4oz Stewed Tomatoes 4oz Diced Peaches 4oz 1% Milk 8oz 	Beef Steak 3oz Grilled Onions 1oz Mash Potatoes 4oz Green Beans 4oz Pudding 4oz 1% Milk 8oz
9	10	11	12	13
Baked Ham 3oz Pineapple Sauce 1oz Rice Pilaf 4oz Sliced Carrots 4oz Yogurt 4oz 1% Milk 8oz 	Egg Salad Sandwich 4oz Potato Salad 4oz Coleslaw 4oz Oranges 4oz 1% Milk 8oz 	Salisbury Steak 3oz Gravy 1oz Mashed Potatoes 4oz Green Beans 4oz Mixed Berries 4oz 1% Milk 8oz 	Rotini Pasta 4oz Parmesan Cheese 1oz Spinach/Onions 4oz Corn 4oz Jell-O 4oz 1% Milk 8oz 	Teriyaki Pork 4oz Brown Rice 4oz Stir Fry Veggies 4oz Watermelon 4oz 1% Milk 8oz
16	17	18	CLOSED 19	20
Meatloaf 4oz Tomato Sauce 1oz Green Beans 4oz Cauliflower 4oz Apple Slices 4oz 1% Milk 8oz 	Baked Chicken Thigh 3oz Spinach/Peppers 4oz Brown Rice 4oz Yogurt 4oz 1% Milk 8oz 	Cheese Macaroni 3oz Broccoli/ Ham 2oz Normandy Mix 4oz Brussel Sprouts 4oz Honeydew 4oz 1% Milk 8oz 		Pork Roast 3oz Gravy 1oz Broccoli/Carrots 4oz Sweet Potatoes 4oz Dinner Roll 1ea Margarine 1pc Grapes 4oz 1% Milk 8oz
23	24	25	26	27
Red Chile Beef Enchiladas 4oz Pinto Beans 4oz Spanish Rice 4oz Yogurt 4oz 1% Milk 8oz 	Chicken Salad 4oz <small>*May Contain Nuts</small> Coleslaw 4oz Dinner Roll 1ea Margarine 1pc Mixed Berries 4oz 1% Milk 8oz 	Baked Pollok 3oz Roasted Peppers 4oz Steamed Broccoli 4oz Dinner Roll 1ea Margarine 1pc Chocolate Pudding 4oz 1% Milk 8oz 	Cheese Omelet 3oz Red Chili/Peppers 3oz Diced Potatoes 4oz Stewed Tomatoes 4oz Applesauce 4oz 1% Milk 8oz 	Carne Adovada 4oz Calabacitas 4oz Green Beans 4oz Flour Tortilla 2ea Jell-O 4oz 1% Milk 8oz